

Date: 5/2/25

PREP GRADES 9-12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
AUGUST 18 – 22, 2025

	MONDAY 8/18	TUESDAY 8/19	WEDNESDAY 8/20	THURSDAY 8/21	FRIDAY 8/22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon French Toast V (R2222) Optional: Fresh Apple Cinnamon Topping (R3142)	Morning Magic Bagel V (R2292)	Fiesta Bean & Cheese Burrito V (R1099) Optional: Fresh Salsa (R4613)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake V (CMS #2773)
Entrée 2	Deluxe Cereal Bowl V	Chocolate Chip Muffin V (CMS #2029)	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)	Deluxe Cereal Bowl V	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722-CB)
Entrée 3 <i>Vegan</i>	Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit-Juice (½ c)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>	Walking Taco Nachos (<i>Turkey & Cheese</i>) (Bulk Chips) & Pico De Gallo (R5708)	Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)	Chicken Corn Dog (R0920)	Mini Mozzarella Bites with Marinara Sauce V (R1153)	Optional: Fresh Topping* for both sandwiches Spicy Breaded Chicken Sandwich (R0907) AND/OR Breaded Chicken Sandwich (R0958)
Entrée 2 <i>Bowl</i>	Bean & Cheese Chile Burrito V (R1955) & Fresh Salsa (R4613)	BBQ Beef Rib Patty Sandwich with Pickles & Coleslaw (R5705)	Zesty Beef & Cheese Chalupa, Bulk & Tortilla Chips (R5699) & Fresh Salsa (R4613)	Orange Chicken & Broccoli Rice Bowl (R5626)	Pork Carnitas Bowl (R5750)
Entrée 3 <i>Vegan</i>	Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Impossible Burger (R6032) Optional: Fresh Topping*	Chik'n Nuggets (R6021) Artisan Roll (CMS #6068) AND/OR Buffalo Chik'n Nuggets (R6031) Artisan Roll (CMS #6068)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)	Optional: Fresh Topping* for both sandwiches Spicy Chick'n Sandwich (R6051) AND/OR Chik'n Sandwich (R6029)

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Entrée 4 Smoothie, Parfait, Sandwich, OR Salad	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)	Petite Baby Carrots (CMS #3006)	Café LA Salad (R4576)	Celery Sticks (CMS #3826)	Petite Baby Carrots (CMS #3006)	Café LA Salad (R4576)
Vegetable (½ c)	Berry Berry Blue Slush (CMS #2827)	Potato Smiles (R4176)	Orange Medley Juice (CMS #1308)	Cooked Edamame (R4596)	Sweet Potato Fries (R4464) <i>Choice of Sauce</i>
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit - Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once per week as an Extra Treat.				
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Hot OR Cold	Cheeseburger Sliders (R0137) OR Manager's Choice SUPPER Sandwich**	Cheesy Pillows V (R1119) OR Turkey Stick (CMS #2065) & Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V	Chicken Parmesan Wrap (R5751-DW, R5752-CB) OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) OR Manager's Choice SUPPER Sandwich**	Longboard Pizza (Chicken & Jalapeno) (R1156) Under 4 Yrs: Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch) OR Turkey Stick (CMS #2065) & Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V
OPTIONAL Shelf-Stable Meal Kits (NOT for students under 4 years): 1. Beef Stick Meal Kit (CMS #1688) OR 2. Sunbutter & Jelly Meal Kit V (CMS #1683)					
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 4. Chik'n Sandwich (R6029) 5. Impossible Burger (R6032) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 8. Spicy Chick'n Sandwich (R6051)				
Vegetable	Cherry Smooth Cup		Petite Baby Carrots	Berry Berry Blue Slush	Celery Sticks

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(½ c)	(CMS #2364)	Paradise Punch Vegetable Juice (CMS #1681)	(CMS #3006) Under 4 Yrs: Cherry Smooth Cup (CMS #2364)	(CMS #2827)	(CMS #3826) Under 4 Yrs: Orange Medley Juice (CMS #1308)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Cherry Lemon Cup (CMS #2981) Under 4 Yrs: Fresh Fruit	Fresh Fruit	Mango Sorbet (CMS #2774) Under 4 Yrs: Fresh Fruit ONLY apple, orange, pear, banana, sliced strawberry
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper	L - Taco Sauce or Tapatio, BBQ Sauce, Ketchup, Tajin, Optional: Ranch Dressing, S -Ketchup, Mayo, Mustard, Tajin	B - Cream Cheese (CMS #7097-DW, #9043-CB) Strawb Jam(CMS #1690) L - Ketchup, Mustard, Choice Dressing S -Tajin	B,L -Taco Sauce or Tapatio L - Ketchup, BBQ Sauce L,S - Mustard Tajin S -Mayo, Optional: Ranch	L - Sriracha Sauce, Optional: Ranch Dressing L,S -Tajin S -Taco Sauce or Tapatio	L - BBQ Sauce, Ketchup, Taco Sauce or Tapatio, Choice Dressing, Choice of Sauce: Secret Sauce (R7097), BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7096) L,S -Mayo, Mustard, Tajin S - Optional: Ranch

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk, 8 oz. – Must serve two choices from the following five (5) options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)	
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Fresh Fruit

Apple, CMS#3800	Banana (CMS #3204) Do not order on Mondays	Orange (CMS #3093)	Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week.	Nectarine (CMS# 3891)
Peach (CMS #3886)	Pear, Bartlett (CMS#3939)	Plumcot (CMS# 3940)	Pluot (CMS# 3700)	White Peach (CMS# 3884)

**MANAGER'S CHOICE OPTIONS FOR LUNCH AND SUPPER

LUNCH SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW, R1131-Scratch) 2. Turkey Breast, Cheese & Shredded Lettuce Sandwich (R5804)	3. Tuna Sandwich & Shredded Lettuce Sandwich (R5805) 4. Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)
	OPTIONAL: Fresh Pickles (R4618) & Sliced Tomato (R4650)	
LUNCH SMOOTHIES	1. Strawberry Smoothie (R3329D-DW, R3329C-CB) 2. Blueberry Smoothie (R3326D-DW, R3326C-CB)	3. Mango Smoothie (R3325D-DW, R3325C-CB) 4. Strawberry Mango Smoothie (R3343-DW, R3344-CB)

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LUNCH SALADS	1. Chicken Parmesan Salad (R5710), Cheesy Garlic Breadstick (R2657) 2. Cajun Chicken Salad (R5713) & Cajun Ranch Dressing (R7110-CB, R7111-DW), Honey Biscuit (R2638) 3. Crunchy Chef Salad (R5789), Artisan Roll (CMS #6068)	4. Chinese Chicken Salad w/Shredded Chicken (R5709), Hawaiian Roll (CMS #6082) 5. Chicken Parmesan Wrap, (R5751-DW, R5752-CB)
SUPPER SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch) 2. Turkey Breast & Cheese Sandwich (R0911)	3. Tuna Sandwich (R5619) 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944) 5. Sunbutter & Strawberry Jelly Sandwich V (R1943)